



British Gas ASA National Championships (50m)
Ponds Forge International Sports Centre, Sheffield
20th – 23rd June 2012

Qualifying Times
Long Course Times only – No conversions.

| MENS | | WOMENS | |
|----------|-------------|----------|--|
| 50m Time | Event | 50m Time | |
| 24.27 | 50m Free | 27.46 | |
| 52.65 | 100m Free | 58.80 | |
| 1.55.12 | 200m Free | 2.06.66 | |
| 4.05.59 | 400m Free | 4.26.75 | |
| | 800m Free | 9.11.77 | |
| 16.31.49 | 1500m Free | | |
| 30.79 | 50m Breast | 34.93 | |
| 1.07.23 | 100m Breast | 1.15.19 | |
| 2.26.86 | 200m Breast | 2.41.52 | |
| 26.21 | 50m Fly | 29.54 | |
| 57.42 | 100m Fly | 1.04.66 | |
| 2.08.56 | 200m Fly | 2.22.22 | |
| 28.43 | 50m Back | 31.66 | |
| 1.00.23 | 100m Back | 1.06.51 | |
| 2.10.55 | 200m Back | 2.22.37 | |
| 2.10.57 | 200m I.M. | 2.23.83 | |
| 4.41.13 | 400m I.M. | 5.05.03 | |

All competitors must have equalled or bettered the entry time in an event designated or licensed by the ASA, SASA or WASA for entry into National competitions or, for foreign competitors, approved by their Federation. Times must have been achieved since 1st October 2011.
Entries Close 12noon Thursday 31st May 2012

